

Additional Resources
Early Risers: Bias & the Developing Brain
[Debra S. Fish Library](#) (A St. Paul Public Library)

Books for Children:

- [All the Colors We Are](#) by Katie Kissinger
 - Recommended Toddler – K
 - This bilingual (English/Spanish) book offers children a simple, scientifically accurate explanation about how our skin color is determined by our ancestors, the sun, and melanin. It's also filled with colorful photographs that capture the beautiful variety of skin tones. Reading this book frees children from the myths and stereotypes associated with skin color and helps them build positive identities as they accept, understand, and value our rich and diverse world.
- [Brown Sugar Babe](#) by Charlotte Watson Sherman
 - Recommended PreK – Gr. 2
 - This lyrically written, stunningly illustrated picture book is a love letter to the beauty of brown skin and a message of love, acceptance, and pride for all brown sugar babes.
- [Cool Cuts](#) by Mechal Renee Roe
 - Recommended PreK – Gr. 3
 - Boys will love seeing strong, happy reflections of themselves in this vibrant, rhythmic book full of hip Black hairstyles. From a 'fro-hawk to mini-twists and crisp cornrows, adorable illustrations of boys with cool curls, waves, and afros grace each page, accompanied by a positive message that will make kids cheer. It's a great read-aloud to promote positive self-esteem to boys of all ages, building and growing the foundation of self-love (and hair love!) and letting every boy know that "You are born to be awesome!"
- [A Girl Like Me](#) by Angela Johnson
 - Recommended K – Gr. 4
 - Empower young readers to embrace their individuality, reject societal limitations, and follow their dreams. This inspiring picture book brings together a poem by acclaimed author Angela Johnson and Nina Crews's distinctive photocollage illustrations to celebrate girls of color.
- [I Am Brown](#) by Ashok Banker
 - Recommended K – Gr. 2
 - Brown-skinned children around the world laugh, love and play together in this infectiously joyful book. I am brown. I am beautiful. I am perfect. I designed this computer. I ran this race. I won this prize. I wrote this book. A joyful celebration of the skin you're in—of being brown, of being amazing, of being you.
- [Jayden's Impossible Garden](#) by Mélina Mangal
 - Recommended PreK – Gr. 3
 - Timeless and vibrant, this story highlights the beauty of intergenerational relationships and the power of imagination and perseverance in bringing the vision of a community garden to life. Jayden's love of nature will inspire readers to see their environment and surroundings as bursting with opportunities for growth and connection.

- [*Sweetest Kulu*](#) by Celina Kalluk
 - Recommended Baby – K
 - Lyrically and tenderly told by a mother speaking to her own little Kulu; an Inuktitut term of endearment often bestowed upon babies and young children, this visually stunning book is infused with the traditional Inuit values of love and respect for the land and its animal inhabitants.

Books for Educators:

- [*From Neurons to Neighborhoods: The Science of Early Childhood Development*](#) by Committee on Integrating the Science of Early Childhood Development (Author), and Families Board on Children, Youth (Author), National Research Council (Author), Jack P. Shonkoff (Editor), Deborah A. Phillips (Editor)
 - Authoritative yet accessible, *From Neurons to Neighborhoods* presents the evidence about "brain wiring" and how kids learn to speak, think, and regulate their behavior. It examines the effect of the climate-family, child care, community-within which the child grows.
- [*Growing, Growing Strong: a Whole Health Curriculum for Young Children. Social and Emotional Well-being*](#) by Connie Jo Smith
 - Young children are better able to cope with their ever-changing world, overcome obstacles, and grow into emotionally healthy adults if they are provided opportunities to build their self-awareness and confidence. Help children appreciate themselves and others, explore relationships, and develop coping mechanisms for dealing with change and difficult events in their lives as they learn about self-esteem, emotions and feelings, family, friends, and changes in life.
- [*Hearing All Voices: Culturally Responsive Coaching in Early Childhood*](#) by Jill McFarren Avilés
 - A culturally responsive framework that supports educators in understanding the importance of equity in their interactions with children and families. The framework focuses on implementing practical strategies that can help increase equity in early education through day-to-day interactions. Written as a guidebook to support early childhood coaches to get inspiration, knowledge, and tools as they guide teachers from diverse backgrounds in early childhood settings. This book weaves together the latest in the science of change, brain development, adult learning, and practical "how-to" to transfer this into practice
- [*Infant-toddler Social Studies: Activities to Develop a Sense of Self*](#) by Carla B. Goble
 - This book is a valuable resource for advancing a child's sense of self, cultural identity, social relationships, and connectedness to community through developmentally appropriate activities.

Additional Resources:

- [*Black Boys Matter: Cultivating Their Identity, Agency, and Voice | NAEYC*](#) (Part I) - 1 of 2 articles discussing ways teachers can make their classrooms more welcoming and supportive learning spaces for Black boys.

- [Black Boys Matter: Strategies for a Culturally Responsive Classroom | NAEYC](#) (Part II) - 2 of 2 articles discussing ways teachers can make their classrooms more welcoming and supportive learning spaces for Black boys.
- [EmbraceRace | I Love Me! Positive Self-Identity in Young BIPOC...](#) - interview with pediatric psychologist Sadiqa Cash (a "Scholar, Connector, and Doer for Black Lives") and by former state Head Start administrator and "Head Start dad" Jonathan Gonzales on the topic adults supporting the development of positive self-identity in young Black and Indigenous children and all children of color
- [Sense Of Self: An Introduction | Virtual Lab School](#) - Children develop a sense of self through their life experiences, knowledge, and environment. This lesson introduces the concept of self and how it is developed in adults and children. Additionally, the lesson highlights the influence of culture on the sense of self.

Contact Jennie with any questions: librarian@thinksmall.org or (651) 641-3544

Available through MNLINK (www.mnlink.org).

All you need is a library card. Resources can be delivered and returned to any Minnesota public library